

21 August 2019

Tēnā tātou katoa e te whānau

Dobar dahn, Nabad, Hola, Ciao, Ni hao, Namaste, Talofa, Bonjour, Хαιρετίσματα, Grüß Gott, Zdravím, Приветствия, สวัสดี, Sawasdee, Konnichiwa, Pozdrowenia, Selamlar, Guten tag, Salaam, Salama Aleikum, Leikum Zdras-Tvuy-Te, Ahn-Young-Ha-Se-Yo, Marhaba, Nay Hoh, Ayubowan!

Junior Open Afternoon

The afternoon was a major success. There was a 98% turnout across the three whanau-Harakeke, Pohutukawa, Karaka- Those who could not make it sent apologies. The children were thrilled to share their learning with parents, grandparents, and/ or a whanau friend.

Our thanks to the PTA who provided the afternoon tea. The staffroom was buzzing with chatter. Catherine Dunn (office) and I (Whaea Liz) met so many of the whanau while pouring tea, coffee, or water.

Each of you let us know how much you enjoyed the session.

Read on and you will see images and children's reflections about the open afternoon.

Speech Competition

The Year 5-8 contestants are gearing up for a nervous but exciting evening tonight (Mt Cook School, 7.00pm). The speech makers representing Clyde Quay are:



Year 5 - William Eglinton - Ending homelessness

Year 6 - Phoebe Shepherd - Too much junk food

Year 7 - Theo Keith - Time to give kids the vote

Year 8 - Lillian Hillyer-Magoffin - Moving from meat to plant

Contestants are from Te Aro, St. Marks, Sacred Heart, Thorndon, Mt Cook and Matairangi Clyde Quay.

Supporters are also welcome so see you there if you can make it. The hall is huge so the more the merrier.

Up and coming Working Bee-Saturday 7 September 9 a.m. to 12 p.m.

All ages welcome.

Bring your garden tools and gloves.

Gardening, planting, reorganising the container and the basement, working on minor jobs (fitting leg stoppers on chairs).

Central Zone Swimming Results for CQS 2019
1st and 2nd placings will compete in the Inter-Zone event September 12th

50m Freestyle

Year	Name	Placing
5	Nellie	3rd
5	Jos	1st
6	Dennis	3rd
7	Gray	2nd

25m Freestyle

Year	Name	Placing
4	Sasha	2nd
4	Archie	3rd
5	Nellie	1st
5	Jos	1st
7	Gray	2nd

25m Backstroke

Year	Name	Placing
4	Lucy	2nd
4	Archie	2nd
5	Nellie	1st
7	Wilson	1st
7	Arlo	3rd

25m Backstroke (Non Competitive)

Year	Name	Placing
7	Carly	2nd

25m Breaststroke

Year	Name	Placing
4	Immy	4th
5	Ruby	3rd
5	Jonathan	1st

25m Butterfly

Year	Name	Placing
4	Connie-Jean	2nd
5	Nellie	1st
5	lke	2nd
7	Wilson	1st
7	Gray	2nd

Relays—Only 1st placing goes through to IZ event

Year	Name	Placing
5	Lucy, Nellie, Hephzibah, Ruby	2nd
5	Jos, Will E, Ike, Finn	2nd
6	Alex, Billy, Dennis, Jonathan	2nd

A big thank you to parents and caregivers for all your support on the day.

Karaka Open Afternoon

Pohutukawa Open Afternoon

Chapter 1.

Guess what?!! Last Wednesday it was.Pohutukawa's Open Afternoon!!!! It was sooooo fun!!! My dad said my writing was a great improvement! He was interested in my inquiry book and thought my writing was funny. He also liked the milk experiment. He cleaned the plates for Marlaina.

Chapter 2.

Me and dad played literacy games and maths games.

Chapter 3.

Me and dad drew a picture of a dog.

Chapter 4.

I had lots of fun showing my dad things.

Chapter 5.

It was really loud and busy.

Chapter 6.

We went home very happily.

Chapter 7.

We had a lovely dinner.

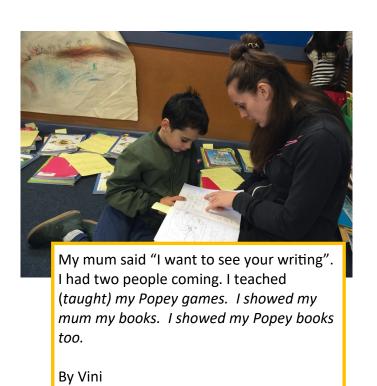
By Harriet

My mum and dad came to the Pohutukawa Open Afternoon. My mum and dad looked at my writing, maths and inquiry (books). My mum and dad looked at the book made by the class and they looked at the dragon.

By Max



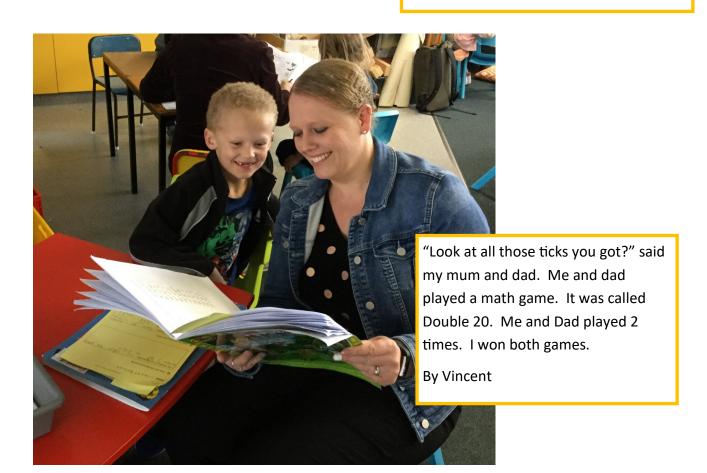






My dad said, "Can we see some more?" and I said, "Yes we can". So we did look some more. And we looked at the food graph, then the milk experiment.

By lanto



Yesterday we did (had) Pōhutukawa's afternoon. My mum came and I said "Welcome to Pōhutukawa's Open Afternoon". I showed her a maths game called Froggy Leap and the milk experiment. She dipped a cotton bud in the milk with some dish-washing mixture. The dish-washing mixture came off the cotton bud and pushed away the food colouring. I also showed her all of my maths book and my writing book. The room looked so so so so so so so so messy because there were so many people scattered all over the room. People were sitting and walking everywhere. After that I showed her my drawing skills. It was now (then) time to take my mummy to the staffroom to have tea and coffee. Then she picked me up from school. While we were walking down the ramp to the staffroom she said "I am so so really proud of you".



By Jade



My dad said "I like it". I showed him the milk experiment. My mum said "Good, I like it". I showed her the stones and the milk experiment.

By Leon



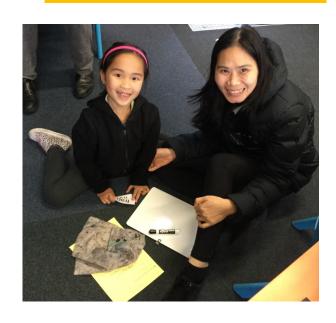


My mum came to the Open Afternoon. I showed her the food graph on the wall. I showed her my handwriting book too. I read a big book with her and I taught her how to write what I'm chopping up in the air (phonics). Finally I taught her a game. It's (It was) a word game. It was tidy up time! I tidied up the word game then I found my mum outside in (on) the deck. We all go (went) home.

By Minh

Yesterday Pohutukawa had their Open Afternoon after lunch. I was waiting for a looooong time before my mum came up after Barnaby finished. First I grabbed my books and card then went back to my mum. It was bursting with activity. We decided to do inquiry first then got started. I showed her my work then it was time to show her my writing. I really enjoyed reading it. Want to read it? Next I showed her the milk experiment. We ended up with a beautiful rainbow. Finally I showed her the dragon thrashing his tail.

By Beau



Artsplash Choir



Arush, Varun, and Onkar came to share a special day with me August 15. Independence Day. They also told me about the festival. (Whaea Liz)

Raksha Bandhan is a festival and on this day a sister ties rakhi (a cotton bracelet) around her brother's wrist. Rakhi is made up of string, beads, pearls and many more decorative things. There are many forms of rakhi. After tying rakhi a sister gives some sweets to her brother to eat and brother give sweets to their sisters. Brother give blessings to their sisters and promises to protect her through out her life. Brothers also give gifts to their sisters.

The 15th of August was the 73rd year of Independence for India. Arush, Varun, Onkar



Good afternoon,

On behalf of The Wellington City Mission I would like to extend our sincere thanks to you for supporting our Brown Paper Bag Collection this year.

We are excited to announce that during the Brown Paper Bag Collection we collected over 2,500 filled bags from across the Wellington region, and raised almost \$40,000 in financial donations! It has been a successful campaign and we couldn't have done it without your support, so thank you.

All of the goods and funds collected have filled our Foodbank (in the beginning was almost empty!) and allowed us to continue providing hot meals, food parcels, financial mentoring, and in-home social work for people who are struggling, especially during these cold winter months.

Once again, thank you for choosing to support people in need this winter, in this way. Our team at The Mission and those who we support sincerely appreciate your generosity. Please find attached a special certificate of our appreciation.

Kind regards, Sarah Thomas





Senior School Open Afternoon and Night

Wednesday 28 August

Ngaio and Rimu are having 2 sharing sessions in the afternoon to showcase their learning programme for the other students at our school (parents are welcome to come along if unable to make the evening session).

- Ngaio 2.00pm-2.30pm
- Rimu 2.30pm-3.00pm

The evening session is aimed at parents coming to see what learning is happening in the senior classes. For Ngaio parents, this is also a fantastic opportunity for parents to find out more bout the diverse learning opportunities offered for the year 7 and 8 students in our Senior Room-Rimu.

Ngaio and Rimu evening session is 5.30pm-6.30pm

Important Dates TERM 3 2019	What's happening
Wednesday 28 August 2019	Senior School Open Evening 5.30pm-6.30pm
Friday 30 August 2019	Assembly: Rimu Table Tennis Tournament 8.10am-3.00pm
Saturday 31 August 2019	Quiz Night and Auction Fundraiser Mt Victoria Bowling Club 6.30pm
Tuesday 3 September 2019	Board of Trustees meeting 7.00pm
Saturday 7 September 2019	Working Bee 9.00am-12.00pm
Thursday 12 September 2019	Inter zone swimming
Friday 13 September 2019	Assembly: Ngaio
Tuesday 17 September 2019	Artsplash rehearsal 9.30am-11.30am Artsplash Music concert 5.00pm-7.00pm Immunisations Yr8 Gardasil
Thursday 19/20 Sept 2019	Artsplash Dance
Wednesday 25 Sept 2019	Rimu matinee performance 11.00am
Thursday 26 September 2019	Rimu Production 6.00pm
Friday 27 September 2019	Last day of Term 3
Monday 14 October 2019	School starts back for Term 4

Remember to buy your Quiz Night tickets for CQS fun evening. Tickets are still available.



Gather up your friends and family for a great evening at this Clyde Quay School Fundraiser. Bring a team of up to 8 people, or come as an individual and we'll set you up with a team.

We have live and silent auctions and delicious food on the night. Bar opens from 6.30pm.

Tickets at \$20 available at the school reception. We look forward to your support.

Community Notices

Elements Rhythmic Gymnastics- Free trial classes

We still have spaces available in our recreational classes this term. We have classes available from Mon to Sat for boys and girls from age 3 and above, no previous experience necessary. Our classes are in Thorndon, just opposite the Botanical Gardens. We also have a very successful competitive programme.

Rhythmic Gymnastics is a mix of dance and gymnastics. It develops hand-eye co-ordination through the use of apparatus – rope, hoop, ball, clubs and ribbon.

If your child loves to dance and is looking for something a little different, then come along to a class and give it a try! Email info@rhythmicgym.nz to arrange a FREE trial.

For more information about Elements and our classes, visit www.rhythmicgym.nz

Motu Kairangi Netball

Motu Kairangi Netball is a satellite of Wellington Netball Centre and organises year 1-8 netball for the Central, Southern and Eastern Suburb schools.

This year they have a number of people retiring from the committee and are looking for new committee members. They are looking for people to fill the following roles by the time of AGM in October:

- 1. Chair
- 2. Secretary
- 3. Treasurer
- 4. Duty Umpire Coordinator
- 5. Health & Safety Coordinator
- 6. Training Coordinator
- 7. Suppliers Administrator

There are job descriptions for each role available. If you are interested, I can forward the job descriptions and answer any questions, michelle.wu@rocketmail.com or you can contact the MK Netball MKNetball@gmail.com. You will be given a detailed and thorough handover from the incumbent.

Healthy Food Corner Nourish Me No Bake Muesli Slice:

The perfect breakfast on the run, nut free snack for a lunch box, or just an afternoon nibble to keep your cravings at bay. Vegan friendly too!

Ingredients:

- 2 1/2 Cups Rolled Oats
- 1/4 Cup Chia Seeds
- 1/3 Cup Pumpkin Seeds
- 1 Cup Shredded Coconut
- 1/4 Cup Psyllium Husk (great fibre source! Optional)
- 1 Cup Dark Chocolate Chips
- 1/2 Cup Rice Syrup (could use honey instead)
- 1/2 Cup Melted Coconut Oil

Directions:

In a food processor, pulse the oats until they are fine, but not "flour" like. Add all remaining ingredients and pulse until mixed well. 'Pour' into a slice tray and press down. Freeze for 2 hours. Tip entire slice upside down on a chipping board and slice into squares. It's that easy! Makes 24 squares. Store in an airtight container in the fridge.

